

Aston Polka Contra

Calvin Campbell

Aston Polka has some footwork. Since it does have footwork, I seldom use it for beginner dance parties. However, it is a great dance for community dances.

The footwork is shown in this [You Tube Video](#). This dance was done at the Christmas Party of the Colorado Dancers in 2015. The caller is Calvin Campbell.

Aston Polka — 1, 3, 5 Crossed (Face Neighbor)

1-8 Heel & Toe Out, Heel & Toe In

9-16 Heel & Toe Out, Just the Ladies H & T In

17-24 Promenade Single File

25-32 U-Turn Back & Come Back to Place

33-40 Allemande Left & Ladies Chain

41-48 Ladies Chain Back

49-56 Star Left

57-64 Star Right

The music I used was “**Come to Me My Melancholy Baby**”.

This dance has been published in “**Dancing for Busy People.**”